

# **Stockton Center on Successful Aging Partners with Arthritis Foundation**

**Free Seminar Set for October 30, 2012**

## ***For Immediate Release***

Wednesday, October 24, 2012

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**Galloway Township, NJ-** On Tuesday, October 30, the Arthritis Foundation, New Jersey Chapter, in collaboration with the Stockton Center on Successful Aging (SCOSA) will present "Journey to Health"- a free five hour seminar for people with arthritis and rheumatic disease.

Open to the public, the summit consists of a keynote presentation on "Complementary Therapies, Treating the Whole Person" and break-out sessions with topics ranging from Osteoarthritis vs. Osteoporosis to Joint Replacement, Tai Chi and "Coping with the Pain of Fibromyalgia."

rehabilitation will be presented by physical therapist Mary Lou Galantino, Professor of Physical Therapy, Stockton School of Health Sciences.