

# Sick and tired of being sick and tired? Remember why we vote



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In this year's election campaigns, it seems the public and much of the media have embraced the words of Fannie Lou Hamer, who famously said she was "sick and tired of being sick and tired." Still mired in the aftereffects of the Great Recession, many people feel anxious about the future of the country and lack enthusiasm for either of the presidential candidates.

Nonetheless, it is still important for citizens to vote in the upcoming election. From the presidency to the local school board, there are elections for a range of offices. There is the contest for the United States Senate and the House of Representatives.

There are no elections for state offices this year, as New Jersey holds elections for governor and the state legislature in

