



Introduction for Instructors

A Booklet of Interactive Exercises to Explore our Differences

Exercise Listing

Advanced Exercises
(Additional time may be needed for discussion)

Exercise #1: The Disability Quiz

Exercise #2: Diversity Profile

Directions:

In my environment,	White	Black/ African American	Hispanic	Asian	Asian/ Pacific Islander	American Indian or Alaskan Native	Hawaiian Native or Pacific Islander	Two or More Races	LGBTQ	Disabled	Veteran	Male	Female
[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]

Exercise #3: A Step Above

Discussion questions for A Step Above:

Additional instructions:

Advanced Exercises

**Extended Time May Be Needed
for Discussion**

Exercise #4: Origins of Difference*

Discuss reactions to what participants saw and felt within during the exercise. End with the following:

Exercise #6: The Common Body*